

Hilton Food Shelf Emergency Packs

Suggested Items:

3	Mac & Cheese
1 Lg. container	Powdered Milk
1-2 Rolls	Toilet Paper
1 Box	Complete Pancake Mix
1 Bottle	Syrup
4	Canned Vegetables
2	Fruit Canned
3	Canned Tuna
3-4	Dry Pasta (any kind)
2	Cans Spaghetti Sauce
1	Tuna Helper
1	Cereal
1	Oatmeal
1	Peanut Butter
1	Jelly
1	Complete Muffin or Bread Mix
3-4	Soup (1 Cream Soup)
1	Spaghetti-O's/Ravioli
1	Canned Chicken